

IMMUNO ARMOUR GUT HEALTH

PATIENT INFORMATION LEAFLET

This leaflet tells you about Immuno Armour GUT HEALTH.

Complementary medicine: Health Supplement.

SCHEDULING STATUS: S0

PROPRIETY NAME AND DOSAGE FORM:

Immuno Armour GUT HEALTH (capsules).

Read all of this leaflet carefully because it contains important information for you.

Immuno Armour GUT HEALTH are available without a doctor's prescription. Nevertheless, you still need to use Immuno Armour GUT HEALTH carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Immuno Armour GUT HEALTH with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

1. WHAT IMMUNO ARMOUR GUT HEALTH CONTAINS:

Each capsule contains:

EpiCor®	500 mg
<i>Bifidobacterium Bifidum</i> (BBO2)	1 Billion CFU

Dried fermentate (made using *Saccharomyces cerevisiae*)
Inactive ingredients: Magnesium stearate, microcrystalline cellulose.

2. WHAT IMMUNO ARMOUR GUT HEALTH ARE USED FOR:

Immuno Armour GUT HEALTH are a natural immuno supporting nutritional supplement.

3. BEFORE YOU TAKE/ USE/ ARE GIVEN/ ADMINISTERED IMMUNO ARMOUR GUT HEALTH:

Do NOT take/use Immuno Armour GUT HEALTH:

- If you are known to be hypersensitive (allergic) to (active ingredient) or any of the inactive ingredients.
- If you are pregnant or breastfeeding your (see "Pregnancy and breastfeeding").

Take special care with Immuno Armour GUT HEALTH:

Immuno Armour GUT HEALTH does not intend to prevent or cure any form of illness or disease and should not replace any medication. If you suffer from a chronic medical condition, consult your healthcare practitioner before using this product. Do not exceed the recommended dose.

Taking/ Using/ Receiving Immuno Armour GUT HEALTH with food and drink:

Immuno Armour GUT HEALTH should not be taken with milk, juice or any other fizzy drinks.

Pregnancy and breastfeeding:

Do not use Immuno Armour GUT HEALTH during pregnancy or while you are breastfeeding your baby.

If you are pregnant or breastfeeding your baby, please consult your healthcare provider for advice before taking this medicine.

Driving and using machinery:

No studies on the effect on the ability to drive or use machinery have been performed. It is unlikely that Immuno Armour GUT HEALTH would affect your ability to drive or use machinery. However, please exercise care until you are certain that your ability to perform such activities is not affected.

Important information about some of the ingredients of Immuno Armour GUT HEALTH:

All inactive ingredients added on the formulation of Immuno Armour GUT HEALTH are known to be well tolerated.

Taking/ Giving/ Using other medicines with Immuno Armour GUT HEALTH:

Always tell your healthcare professional if you are taking other medicines. (This includes complementary or traditional medicine). The use of Immuno Armour GUT HEALTH with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice

4. HOW TO TAKE/ USE IMMUNO ARMOUR GUT HEALTH:

The usual dose is:

Take one Immuno Armour GUT HEALTH capsule once daily after breakfast. Take the capsule with sufficient quantity of liquid (e.g. one glass of water).

Always take Immuno Armour GUT HEALTH exactly as per recommendation of the Package Insert or by your health care provider and if you are unsure. If the symptoms worsen or persist, please consult your healthcare practitioner.

If you take/ use/ more Immuno Armour GUT HEALTH than you should:

Do not use more than recommended dose. (See Package Insert). In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control center.

If you forget to take /miss a dose of Immuno Armour GUT HEALTH:

Always take Immuno Armour GUT HEALTH as prescribed. If you miss a dose, take it as soon as you remember. If you do not remember the missed dose until the next dose is due, skip the missed dose and go back to your regular dosing schedule (see "HOW TO TAKE Immuno Armour GUT HEALTH"). Do not take a double dose to make up for forgotten individual doses.

5. POSSIBLE SIDE EFFECTS:

There has not been a case of any side effects reported when taking Immuno Armour GUT HEALTH.

Immuno Armour GUT HEALTH can have side effects.

Not all side effects reported for Immuno Armour GUT HEALTH are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking Immuno Armour GUT HEALTH, please consult your healthcare provider for advice. Please report/ inform your doctor or pharmacist if you notice any side effects not mentioned in this leaflet.

6. STORAGE AND DISPOSING OF IMMUNO ARMOUR GUT HEALTH:

Store all medicines out of reach of children.

Store in a cool, dry place below or at 25° C.

Keep the container in the original packaging and in an outer carton. Protect from light.

Do not store in a bathroom.

Do not use after expiry date stated on the label/carton and on the bottle.

Do not use Immuno Armour GUT HEALTH if you notice any visible signs of deterioration.

Return all unused medicine to your pharmacist/supplier.

Do not dispose of unused medicines in drains or sewage systems (e.g. toilets).

7. PRESENTATION OF IMMUNO ARMOUR GUT HEALTH:

Immuno Armour GUT HEALTH is packed in 30's, in a white plastic bottle with a white cap in an outer carton.

8. IDENTIFICATION OF IMMUNO ARMOUR GUT HEALTH:

Brownish powder packed in a size 00 white gelatin capsule.

9. REGISTRATION NUMBER:

Will be allocated by Council upon registration.

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

10. NAME AND ADDRESS OF REGISTRATION HOLDER:

Kenza Health (Pty) Ltd
Suite 177,
Private Bag X7,
Northriding
2162

For professional information go to www.immunoarmour.co.za

11. DATE OF PUBLICATION:

October 2018; PI.037.3.09.18

IMMUNO ARMOUR GUT HEALTH

PASIËNTINLIGTINGSBLAADJIE

Hierdie voubljet bevat inligting oor Immuno Armour GUT HEALTH.

Komplementêre medisyne: Gesondheidsaanvulling.

BYLAE STATUS: 50

EIENDOMSNAAM (EN DOSISVORM):

Immuno Armour GUT HEALTH (kapsules).

Lees die hele blaadjie sorgvuldig deur, want dit bevat belangrike inligting vir u.

Immuno Armour GUT HEALTH is beskikbaar sonder die voorskrif van 'n dokter. U moet egter steeds Immuno Armour Capsules versigtig gebruik om die beste resultate daarmee te verkry.

- o Hou hierdie pamflet. Jy sal dit dalk weer moet lees.
- o Moenie Immuno Armour GUT HEALTH met enige ander persoon deel nie.
- o Vra jou apteker as jy meer inligting of advies nodig.
- o U moet 'n dokter raadpleeg indien u simptome vererger of nie verbeter nie.

1. WAT IMMUNO ARMOUR GUT HEALTH BEVAT:

Elke kapsule bevat:

EpiCor®	500 mg
<i>Bifidobacterium Bifidum</i> (BB02)	1 Billion CFU
Gedroogde fermentaat (gemaak deur gebruik te maak van <i>Saccharomyces cerevisiae</i>)	

Onaktiewe bestanddele: Magnesiumstearaat, mikrokristallyne sellulose.

2. WAARVOOR IMMUNO ARMOUR GUT HEALTH GEBRUIK WORD:

Immuno Armour GUT HEALTH is 'n natuurlike immuun ondersteunende voedingsaanvulling.

3. VOORDAT U IMMUNO ARMOUR GUT HEALTH NEEM:

Moenie Immuno Armour GUT HEALTH gebruik as:

- o jy bewus is daarvan dat jy hipersensitief (allergies) is vir (aktiewe bestanddele) of enige van die bestanddele.
- o jy swanger is of u baba borsvoed (sien "Swangerskap en borsvoeding").

Neem Spesiale sorg met Immuno Armour GUT HEALTH:

Immuno Armour GUT HEALTHs Capsules beoog nie om enige ongesteldheid of siektetoestand te genees nie en moet nie enige medikasie vervang nie. Mense wat aan 'n chroniese mediese toestand ly moet hulle gesondheidspraktisyn raadpleeg voor hulle hierdie produk gebruik. Moenie die voorgeskryde dosis oorskry nie.

Die neem van Immuno Armour GUT HEALTH met kos en drinkgoed:

Immuno Armour GUT HEALTH moet nie saam met melk, sap of enige ander gaskeoldranke geneem word nie.

Swangerskap en borsvoeding:

Moenie Immuno Armour GUT HEALTH neem terwyl u swanger is of u baba borsvoed nie.

Indien u swanger is of u baba borsvoed, raadpleeg asseblief u gesondheidsorgverskaffer vir advies voordat hierdie medisyne neem.

Bestuur en die gebruik van masjinerie:

Geen navorsingstudies is uitgevoer oor die effek op die vermoë om te bestuur of masjinerie te hanteer nie. Dit is onwaarskynlik dat Immuno Armour GUT HEALTH die vermoë om te bestuur of masjinerie te gebruik sal beïnvloed. Wees egter versigtig tot u seker is u vermoë om hierdie aktiwiteite uit te voer word nie beïnvloed nie.

Belangrike inligting oor sommige van die bestanddele van Immuno Armour GUT HEALTH:

Al die onaktiewe bestanddele wat op die formulering van Immuno Armour GUT HEALTH gevoeg word, word goed verdra.

Die neem van ander medisyne saam met Immuno Armour GUT HEALTH:

Lig altyd u gesondheidspraktisyn in wanneer u medisyne neem. (Dit sluit in komplementêre of tradisionele medisyne). Die gebruik van Immuno Armour GUT HEALTHs Capsules saam met hierdie medisyne mag ongewenste wisselwerkings veroorsaak. Raadpleeg asseblief u

dokter, apteker of ander professionele gesondheidsorgwerker vir advies.

4. HOE OM IMMUNO ARMOUR GUT HEALTH TE GEBRUIK

Die gewone dosis is:

Neem een Immuno Armour GUT HEALTH kapsule, daaglik na ontbyt. Neem die kapsules met voldoende hoeveelheid vloeistof (bv. een glas water)

Neem Immuno Armour GUT HEALTH altyd volgens aanbevelings van die pakketinvoer of deur u gesondheidsorgverskaffer en indien u onseker is. As die simptome vererger of voortduur, raadpleeg 'n gesondheidsorgpraktisyn.

As u meer Immuno Armour GUT HEALTH gebruik as wat u behoort:

Moenie meer as aanbevole dosis gebruik nie. (Sien pakketinvoegsel) In die geval van 'n oordosis, raadpleeg u dokter of apteker. As geneene van hulle beskikbaar is nie, kontak onmiddellik die naaste hospitaal of gifbeheersentrum.

As jy vergeet om 'n dosis Immuno Armour GUT HEALTH te neem:

Neem Immuno Armour GUT HEALTH altyd soos voorgeskryf. Indien u 'n dosis vergeet het, neem dit sou gou as wat u onthou. Indien u egter nie van die vergete dosis onthou voordat dit tyd is vir die volgende dosis is nie, slaan die vergete dosis oor en keer terug na u gewone doseringskedule (sien "HOE OM IMMUNO ARMOUR GUT HEALTH TE GEBRUIK"). Moenie 'n dubbele dosis neem om te vergoed vir die oorgeslane individuele dosis nie.

5. MOONTLIKE NEWE EFFEKTE

Daar was nie gevalle van enige nuwe-effekte gerapporteer wanneer Immuno Armour GUT HEALTH geneem word nie.

Immuno Armour GUT HEALTH kan nuwe-effekte hê.

Nie alle nuwe-effekte wat vir Immuno Armour GUT HEALTH gemeld is, is in hierdie inligtingstuk vervat nie. Indien u algemene gesondheid agteruitgaan of u ongewenste wisselwerkings ervaar terwyl u Immuno Armour GUT HEALTH gebruik, raadpleeg asseblief u gesondheidsorgvoorsiener vir advies. Lig asseblief u dokter of apteker in indien u enige nuwe-effekte opmerk wat nie in hierdie inligtingstuk genoem word nie.

6. BERGING EN WEGDOEN VAN IMMUNO ARMOUR GUT HEALTH:

Bewaar alle medisyne buite bereik van kinders.

Berg in 'n koel, droë plek onder of by 25 ° C.

Hou die houer in die oorspronklike verpakking en in 'n buitenste karton.

Beskerm teen lig.

Moenie in 'n badkamer stoor nie.

Moet nie gebruik word na die vervaldatum wat op die etiket / karton en op die bottel aangedui word nie.

Moenie Immuno Armour GUT HEALTH gebruik as u enige sigbare tekens van agteruitgang sien nie.

Stuur alle ongebruikte medisyne na u apteker / verskaffer terug. Moet nie ongebruikte medisyne in riool- of rioolstelsels gooi nie (byvoorbeeld toilette).

7. AANBIEDING VAN IMMUNO ARMOUR GUT HEALTH:

Immuno Armour GUT HEALTH is verpak in 30's, in 'n wit plastiekbottel met 'n wit dop en in 'n buitenste karton.

8. IDENTIFIKASIE VAN IMMUNO ARMOUR GUT HEALTH:

Bruin poeier verpak in geel-wit grootte 0 gelatien kapsule.

9. REGISTRASIONOMMER:

Sal deur die Raad toegeken word by registrasie. Hierdie ongeregistreerde medisyne is nie deur die SAHPRa geëvalueer ten opsigte van kwaliteit, veiligheid of beoogde gebruik nie.

10. NAAM EN ADRES VAN DIE HOUER VAN DIE REGISTRASIE:

Kenza Health (Edms) Bpk
Suite 177,
Private BagX7,
Northriding
2162

Vir professionele inligting gaan na www.immunoarmour.co.za

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